



# Calculation Work Sheet

My Base-12 Numerology Road Map and all of the insights it reveals about me are based upon my eight **Forecasting numbers** and eight **Personality numbers** calculated below.

Birth Month		Birth Day		Birth Year	
1st =	2nd =	3rd =	=		
duration: 0 to ___ yrs		___ to ___ yrs		___ yrs +	
<b>Special talent</b>					
<b>Life Path</b>			What you are here to learn, overall theme to explore		

<b>Maturity Number</b>	Your major goal & direction for adulthood (35+ yrs)
LP + Expr =	

1st cycle		2nd cycle		3rd cycle		4th cycle	
mo + dy =	dy + yr =	1st + 2nd =	mo + yr =	4 periods of opportunity			
mo - dy =	dy - yr =	1st - 2nd =	mo - yr =	4 periods of challenge			
duration: 0 to ___ yrs		___ to ___ yrs		___ to ___ yrs		___ yrs +	

Energetic theme everyone experiences that year	
Energetic theme you experience that year	

Prior Year		Current Year		Next Year	
2018		2019		2020	
<b>World Year:</b>					
<b>Personal Year:</b>					

Energetic theme everyone experiences that year	
Energetic theme you experience that year	

First Birth Name		Middle Birth Name		Last Birth Name	
all letters:					

<b>Expression Number</b>	How you can best express who you are, your calling

vowels:					
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<b>Soul Number</b>	Your inner yearning

consonants:					
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<b>Personality Number</b>	Your outer personality

initials:					
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<b>Bridge Number</b>	How to bridge your inner & outer self to be authentic
Soul-Pers =	

Karmic Lessons		fair		proficient	
occurrences of 1-9 in full birth name:		missing =		once =	
		twice =			
Prior life lesson or weakness to address					

<b>Hidden Passions</b>	Your greatest strengths
3x or more =	

Current First Name		Current Last Name	
<b>Current Name Number</b>			The vibration your current name projects


# Forecasting Numbers from My Birth Date: "My Path"

My **Life Path** (based on my birth date) is the overall theme and major lessons I have chosen to explore and involves learning about \_\_\_\_\_. This Life Path indicates I will learn about the theme of \_\_\_\_ through experiences which teach me about \_\_\_\_\_.

I will experience this theme over **three Growth Cycles**, each with its own timing and focus:

1. My **first growth cycle** (based on my birth month) will last roughly from birth to age \_\_\_\_ with a focus on the \_\_\_\_ theme of \_\_\_\_\_.
2. My **second growth cycle** (birth day) will last about 27 years, from age \_\_\_\_ to \_\_\_\_ years and will focus on the \_\_\_\_ theme of \_\_\_\_\_.  
Also called my **Birth Day number**, this is a special talent I possess to help me navigate my Life Path.
3. My **third growth cycle** (birth year) will last from about age \_\_\_\_ to the rest of my life, with a focus on the \_\_\_\_ theme of \_\_\_\_\_.

There are two other types of cycles generated from my birth date; **four Pinnacle Cycles** that bring periods of opportunity and **four Challenge Cycles** that present challenges to overcome in pursuing those opportunities:

1. My **first pinnacle cycle** (birth month + day) will occur from birth to age \_\_\_\_ bringing opportunities involving the \_\_\_\_ theme of \_\_\_\_\_.  
But to take advantage of this, I need to overcome my **first challenge cycle** theme (birth month - day) of \_\_\_\_ involving challenges of \_\_\_\_\_.
2. My **second pinnacle cycle** (birth day + year) will last 9 years from age \_\_\_\_ to \_\_\_\_ with opportunities involving the \_\_\_\_ theme of \_\_\_\_\_.  
But to take advantage of this, I need to overcome my **second challenge cycle** theme (birth day - year) of \_\_\_\_ involving challenges of \_\_\_\_\_.

3. My **third pinnacle cycle** (1<sup>st</sup> pinnacle + 2<sup>nd</sup>) will last another 9 years from age \_\_\_\_ to \_\_\_\_ , with opportunities involving the \_\_\_\_ theme of \_\_\_\_\_.

But to take advantage of this, I need to overcome my **third challenge cycle** theme (1<sup>st</sup> challenge - 2<sup>nd</sup>) of \_\_\_\_ involving challenges of \_\_\_\_\_.

\_\_\_\_\_.

4. My **fourth pinnacle cycle** (birth month + year) will last from age \_\_\_\_ through the rest of my life, with opportunities involving the \_\_\_\_ of \_\_\_\_\_.

But to take advantage of this, I need to overcome my **fourth challenge cycle** (birth month - year) of \_\_\_\_ which involves challenges of \_\_\_\_\_.

\_\_\_\_\_.

My **Maturity number** is the sum of my Life Path and Expression number and indicates the main direction for the second half of my life (after 35). As my Maturity number is \_\_\_\_\_,

I will focus on \_\_\_\_\_.

Each year also has its own energetic theme that influences our own personal vibe during the full twelve months. The **World Year** affects everyone with the same overall theme, while our **Personal Year** (year of interest + birth month + birth day) is how we personally feel that year's effect. Following are those numbers for last year, this year and next year:

- **Last year** \_\_\_\_\_ was a \_\_\_\_ **World Year** of \_\_\_\_\_.  
For me, it was a \_\_\_\_ **Personal Year** of \_\_\_\_\_.

- **This year** \_\_\_\_\_ is a \_\_\_\_ **World Year** of \_\_\_\_\_.  
For me, it is a \_\_\_\_ **Personal Year** of \_\_\_\_\_.

- **Next year** \_\_\_\_\_ will be a \_\_\_\_ **World Year** of \_\_\_\_\_.  
For me, it will be a \_\_\_\_ **Personal Year** of \_\_\_\_\_.

## Number and Letter Meanings

0	1	2	3	4	5	6	7	8	9	<u>10</u>	<u>11</u>		11	22	33
Potential	A J S	B K T	C L U	D M V	E N W	F O X	G P Y	H Q Z	I R	Awareness	Illumination		Mastery of Self	Mastery of Duality	Master Catalyst
	New Beginnings	Duality	Catalyst	Structure	Change	Love	Truth	Manifestation	Completion						

### Personality Numbers from My Birth Name: “Who I Am”

My birth name reveals that my **Expression number** is \_\_\_\_\_. This means that I can best express my true self and potential in areas involving \_\_\_\_\_.

The vowels of my birth name reveal my **Soul Number**, my Soul’s inner yearning. As my Soul number is \_\_\_\_\_, my inner yearning is for \_\_\_\_\_.

Likewise, the consonants in my birth name give my **Personality Number**, my outer personality of how I am perceived by others. The energy I project is the \_\_\_\_\_ vibration of \_\_\_\_\_.

The difference between my Soul and Personality numbers is my **Bridge number**. This indicates how I can adjust my outer behaviour (Personality) to better align with how I see myself (Soul), how to be perceived as authentic. My Bridge number is \_\_\_\_\_, so embodying the positive qualities of \_\_\_\_\_ reveals my Soul's true nature.

How I react in difficult situations is my **Balance number** and is given by the first initials of my birth name. My Balance number is \_\_\_\_\_, so under pressure I tend to exhibit \_\_\_\_\_.

The number of times each letter-number energy from 1 to 9 appears in my birth name indicates my relative strengths and weaknesses at this point in my Soul's development. Those appearing three or more times are considered my **Hidden Passions**, my strengths. For me, these include \_\_\_\_\_. As such, I have the positive qualities of \_\_\_\_\_.

Any letter-number missing from my birth name is a **Karmic Lesson** and highlights a specific weakness or unresolved lesson carried over from my prior lives. By choosing a birth name missing the letter vibration of my Karmic Lesson(s), I will feel its absence and the need to work at it as a priority for this life. My Karmic Lesson(s) are \_\_\_\_\_ which involves learning to be \_\_\_\_\_.

The last of the numbers in my Base-12 Numerology Road Map is my **Current Name number**. Although my full birth name (Expression number) reflects who I truly am, the current name I use can adjust that vibration and the energy it projects. My Current name of \_\_\_\_\_ projects the \_\_\_\_\_ vibration of \_\_\_\_\_.